

Our aim is to help you understand why your pet is exhibiting a certain behaviour and to address the problem using humane and scientifically proven treatment methods.

There is always a 'reason' for behaviour even if it is not necessarily obvious to us or appears maladaptive for the animal.

Therefore, the best treatment for unwanted behaviour requires working out the 'reason' and the underlying emotion involved; by working on these we can ultimately affect how an animal responds in a given situation.

How an animal behaves is influenced by its genetics, early life experiences and current living environment. These components interact in a way that is unique to that particular animal. Because of this complexity, understanding the cause of a problem can require some 'detective work' which this questionnaire helps as a starting place.

This questionnaire provides us with background information that helps us understand your pet and family household. It allows us to concentrate on the behavioural problem during our consultation. To assist us with this we require that you complete and return this questionnaire at least **ONE week prior to your consultation**.

We also ask that you send, or get your regular veterinarian to directly send, a copy of your pets' medical history. Ideally this will include a recent (within 3 months) physical examination and blood/urine test results.

Please note: If blood/urinalysis results are not available prior to the consultation and medications are prescribed, we may advise you to perform these tests, which can be done at our clinic or your regular vet.

Please answer as comprehensively as possible. Completing this questionnaire should ideally involve all of the pet's caregivers (interestingly we often see that family members can have a very different perception of what is happening!).

If you have any questions regarding the questionnaire please do not hesitate to contact us either by email or phone.

We look forward to working with you.



DOG'S BACKGROUND

Dog's Name:

Owner Name:

Where did you get this dog?

Why did you decide to acquire a dog?

Why did you choose this particular breed?

Why did you choose this particular dog?

How old was this dog when you acquired him/her?

Do you have any information about littermate behaviour?

If yes, please describe below.

Did you meet your dog's parents?

☐ Mother

☐ Father

If yes, please describe their personality:

Please describe your dog's personality as a puppy:

e.g. happy, confident, timid

Did this change over time, and if so how?

Has this dog had previous owners?

☐ Yes ☐ No

If yes — how many, and why was the dog given up?

Have you owned dogs or other pets before?

☐ Yes ☐ No

If yes, what happened to them?

HOME ENVIRONMENT

Please list ALL people, including yourself, living in your household:



Name	Relationship to Owner	Occupation	Hours Away from Home/Day	Age

Who else has regular contact with the dog?

e.g. dog-walker, extended family, neighbours

Please list ALL animals (including this dog) in your household, in the order they were obtained:

Name	Species	Breed	Sex (M/F)	Desexed (Y/N)	Age

What is your dog's relationship with the other animals?

e.g. friendly, hostile, fearful

How would you describe your relationship with your dog?

How would you describe your dog's relationship with the other family members?

Have you moved since acquiring your dog?

☐ Yes ☐ No

Please describe (how long ago, how many times, etc.):

Has your household (people or animals) changed since acquiring your dog?

☐ Yes ☐ No

Please describe:

MEDICAL HISTORY



Does your dog have any medical conditions?

If yes, please explain.

Is your dog on any medication currently for any medical problems?

☐ Yes ☐ No

Please list all medications, including dose, frequency, what they are for, and expected completion date:

Is your dog on parasite control?

☐ Yes ☐ No

Is your dog up to date with their vaccinations?

☐ Yes ☐ No

Is your dog on any medications currently for behavioural problems?

☐ Yes ☐ No

Please list all medications, including dose, frequency, what they are for, and if there has been any benefit:

Are you giving your dog any herbal treatments or supplements?

e.g. Zylkene, Adaptil, Rescue Remedy, St John's Wort

☐ Yes ☐ No

Please list all, including dose, frequency, purpose, and any benefit:

DIET AND FEEDING

Who feeds the dog?

Where do you feed the dog?

What do you feed your dog?

Please be specific, e.g. brand name

How do you feed your dog?

e.g. bowl, interactive toy, scatter feed

Does your dog eat all his/her food at once?

☐ Yes ☐ No

If no, how long do you leave it down?

What is your dog's favourite treat?



DAILY SCHEDULE

Total active time each day on average (play, walks, training):

- ☐ 0 mins ☐ 15 mins ☐ 30 mins ☐ 45 mins ☐ 60 mins +

What percentage of time does your dog spend on its own on a typical day/week?

What percentage of time does your dog spend indoors and outdoors?

% Indoors:

% Outdoors:

Does your dog have access to the outside at any stage?

e.g. dog flap, open door

Where does your dog sleep at night?

On a typical day, how many hours is your dog sleeping or resting?

TRAINING

What kind of formal training has your dog had?

e.g. puppy school, obedience training — include organisation(s)

Methods used — please mark all that apply:

- ☐ Treats ☐ Head collars ☐ Correction collars ☐ Pats
☐ Leadership / Dominance ☐ Positive reinforcement ☐ Other

If 'Other', please describe:

Who trains your dog?

How does your dog respond to each person for the following requests?

Rate: (1) Poor (2) Good (3) Excellent

Person	Sit	Down	Recall	Heel	Give / Drop It	Stay

Does your dog know any tricks?

- ☐ Yes ☐ No



Please describe:

REACTIVITY AND NOISES

How does your dog behave during thunderstorms?

Does your dog react to other noises?

e.g. fireworks, cars, TV, radio

How does your dog behave with familiar people?

How does your dog behave with unfamiliar people?

Does your dog like children?

☐ Yes ☐ No

Please describe:

Describe your dog's behaviour around familiar dogs:

Dogs you meet regularly at the park, on walks, at training

Describe your dog's behaviour around unfamiliar dogs:

Dogs you do not know or see rarely

DEPARTURES

Where is your dog when he/she is alone in the house?

How long is the dog left alone on average?

Hours per day and per week

Do you have a video camera installed to monitor them when you are not home?

☐ Yes ☐ No

How does your dog react before it is left alone?

Does your dog display any behaviour problems when you leave it alone?

☐ Yes ☐ No

Please describe:



Does the behaviour differ depending on the length of time or time of day left alone?

☐ Yes ☐ No

Please describe:

Does the behaviour differ depending upon who is the last to leave?

☐ Yes ☐ No

Please describe:

What is your dog's reaction to homecomings?

AGGRESSION

Answer N/A to the following questions if no aggression has been shown.

Has your pet ever displayed any aggression (threat, growling, barking, nipping, biting) towards:

- | | |
|--|--|
| ☐ Familiar People | ☐ Unfamiliar People |
| ☐ Familiar Dogs | ☐ Unfamiliar Dogs |

Patting / Handling / Restraint

- | | | | | |
|------------------------------------|---|--|---------------------------------|--|
| ☐ Runs away | ☐ Barked / Growled | ☐ Attempted to bite | ☐ Bitten | ☐ No aggression |
|------------------------------------|---|--|---------------------------------|--|

Eating food or treats

- | | | | | |
|------------------------------------|---|--|---------------------------------|--|
| ☐ Runs away | ☐ Barked / Growled | ☐ Attempted to bite | ☐ Bitten | ☐ No aggression |
|------------------------------------|---|--|---------------------------------|--|

Chewing toys / stolen object

- | | | | | |
|------------------------------------|---|--|---------------------------------|--|
| ☐ Runs away | ☐ Barked / Growled | ☐ Attempted to bite | ☐ Bitten | ☐ No aggression |
|------------------------------------|---|--|---------------------------------|--|

Walking up to them

- | | | | | |
|------------------------------------|---|--|---------------------------------|--|
| ☐ Runs away | ☐ Barked / Growled | ☐ Attempted to bite | ☐ Bitten | ☐ No aggression |
|------------------------------------|---|--|---------------------------------|--|

Is aggression the primary reason for today's visit?

☐ Yes ☐ No

Has your dog bitten?

☐ Yes ☐ No

How many times, and did they break skin?

When was the most recent threat or bite attempt?

What happened?

Is the problem serious enough that you will be unable to keep your pet if it is not improved?

☐ Yes ☐ No

Is your dog aggressive to visitors to your home?



☐ Yes ☐ No

Were they known, strangers, or both? Please describe:

Is your dog aggressive to people when off your property?

☐ Yes ☐ No

Please describe:

Is your dog aggressive to other animals?

☐ Yes ☐ No

Please describe:

In the moment, how do you handle the situation and what is the dog's reaction?

After an incident, how do you handle the situation and what is the dog's reaction?

How would you describe your dog's attitude at the time of the aggression?

Describe your dog's expression and posture immediately prior to and during the incident:

PRESENTING PROBLEM(S)

What is the main behaviour problem or complaint?

Why is the behaviour a problem?

What do you think caused the problem?

When did you first notice it?

How frequently does the problem occur?

e.g. how many times daily, weekly or monthly

Has this problem changed in frequency?

☐ Yes ☐ No

Please describe:

Has this problem changed in intensity?

☐ Yes ☐ No

Please describe:



Does your dog have any other problem behaviours?

Please describe in detail the main problem:

Include as much detail as possible — where it took place, time of day, who was present, what happened, etc.

1. First incident:

Date:

2. Latest incident:

Date:

3. Second to last incident:

Date:

Any other significant incidents:

What have you tried to stop the problem and what was the dog's reaction?

Was it successful?

Did anything make it worse?

What are your goals for treatment?

WHICH OF THESE STATEMENTS APPLY TO YOU?

- ☐ I am here only out of curiosity; the problem is not serious.
- ☐ I would like to change the problem, but it is not serious.
- ☐ The problem is serious. I would like to change it, but if it remains unchanged that is alright.
- ☐ The problem is very serious and I would like to change it, but if it remains unchanged I will keep my dog.
- ☐ The problem is very serious and I would like to change it. If it remains unchanged I will have my dog euthanised or have to give him/her up.

Owner Signature:

Date:

First Name:

THANK YOU FOR YOUR TIME IN FILLING OUT THIS QUESTIONNAIRE